

BE INFORMED:

Know Your Risk During COVID-19

Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on



Swimming in a public pool Visiting an elderly relative or friend in their home

Going to a hair salon or barbershop 7 Eating in a restaurant (inside)

Attending a wedding or funeral

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Traveling by plane Playing basketball

Playing football

Hugging or shaking hands when greeting a friend Eating at a buffet

Opening the mail

Pumping gasoline

Playing tennis

Going camping

Playing golf

Grocery shopping

Getting restaurant takeout

Going for a walk, run, or bike ride with others

Staying at a hotel for two nights

Sitting in a doctor's waiting room

Going to a library or museum Eating in a restaurant (outside)

Walking in a busy downtown

Spending an hour at a playground

Attending a backyard barbecue

Going to a beach Shopping at a mall

Having dinner at someone else's house

Sending kids to school, camp, or day care

Working a week in an office building

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Working out at a gym

Going to a movie theater

Going to an amusement park

Attending a large music concert

Going to a sports stadium

Attending a religious service with 500+ worshipers

Going to a bar

On a scale of 1 to 10, how risky is...

Infectious Diseases



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